

PHED 1223

Fundamental Movement Participation Rubric

	Level One	Level Two	Level Three	Level Four
Readiness to Participate	Rarely has required or appropriate clothing	Sometimes has most of the required clothing	Usually has the required clothing	Always has the required clothing
	Rarely ready to participate on time	Sometimes ready to participate on time	Usually ready to participate on time	Always ready to participate on time
Physical Participation	Rarely participates in the physical activities	Sometimes participates in the physical activities	Usually participates in the physical activities	Always participates in the physical activities
	Rarely tries new activities	Sometimes tries new activities	Usually tries new activities	Always tries new activities
	Relies on others to begin physical activities	Begins activities with some teacher encouragement	Frequently begins activities on their own	Routinely a self-starter
Effort	Rarely puts forth best effort during drills	Sometimes puts forth best effort during drills	Usually puts forth best effort during drills	Always puts forth best effort during drills
	Rarely on task; easily distracted from task and distracts others	Sometimes demonstrates attentive behaviour	Regularly demonstrates attentive behaviour	Always demonstrates attentive behaviour and encourages others